

After-School Cooking Class



Why choose us?

- Hands-On
- Educational
- Fun



This Winter's theme is... **Around the World**

We will explore cuisines and traditions from across the globe! Students will create Polish gzik dip, Kenyan sweet potato pudding, Indian mint chutney and so much more!



Cooking Classes for Kids

- Kids will learn how to make healthy and delicious recipes
- Master cooking safety, measuring, mixing, dicing, chopping, zesting and more
- Learn about nutrition and healthy eating habits
- Explore international cuisine
- Further develop social-emotional learning and executive functions skills

What We Teach



Culinary Skills



Nutrition



Culture of Food

WHERE:	Westover Elementary
WHEN:	Tuesday Afternoons
TIME:	4:00-5:00
DATES:	April 11, 18, 25 May 2, 9, 16, 23, 30 (8 classes total)
GRADES:	K-4th
MIN/MAX:	10/12 students
PRICE:	\$176 for 8-week session (includes supplies for two recipes/class)

REGISTER OR LEARN MORE AT

iCookAfterSchool.com

Call or email with any questions: 773-900-7074 and info@iCookAfterSchool.com